

Personal, Social and Emotional

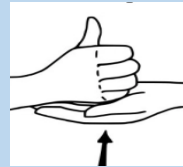
Helping:

Can you be a super hero and help your family with some tasks around the house? Maybe you could put out the plates at lunch time or tidy your room? It would be great if a grown-up you live with could ask you to one job a day. Grown-up please remember to use the words "Can you help me" so that your child becomes more confident with the language of asking for help. You might want to teach the MAKATON sign for 'help me' which can be seen here:

<https://www.youtube.com/watch?v=aH11Do9IXzE>

Help

MAKATON



Communication, Language and

Initial
sounds

Literacy

Rhyme

Making initial sounds soup:

Make some pretend soup with your child. Get some food or 'silly' items and pretend to chop them and add them to your pot. Sing our rhyme "Chop Chop, Choppity Chop. Cut off the bottom and cut off the top. What there is left, we put in the pot. Chop, Chop, Choppity Chop." as you put your chosen item into the pot you can emphasise the initial sound of the item, such as 'A..pple' or 'P..otato'. After finishing making your soup you could pretend to eat it, I wonder what it tastes like and how many different things you added to it?



Physical

Staying fit and healthy:

Doing yoga can be very beneficial to both our physical and mental well being. Do you know any yoga or stretching exercises that you could do with your child? If not do not worry Cosmic yoga have it covered! Here is a link for a Frozen adventure yoga class: <https://www.youtube.com/watch?v=xlq052EKMtk>



Move

Literacy

Story:

Story



This week the book we are reading is called "Supertato -carnival catastrophe!". Your key worker will email you a link to the story being read on Youtube. Talk to your child about what their favorite part of the story is. I wonder if your child might like to act some of it out or even tell you their own superhero story?

If you would like to read other 'Supertato' books you can find many of them being read on YouTube.



Mathematics

Building a hideout:



Can you build a city or hideout for your superhero to live in? You could use boxes, blocks or even cushions to make it. Can you count how many you used? I wonder if you could add to make parts taller or take away to make parts shorter? Maybe you could use a tape measure to see how tall/long your buildings is? Or if you don't have one how about using something non standard like tins or shoes?

Measure

Count



Understanding of the World

People who help us:

Talk about real life superheroes. Who might they be? What do they do/how do they help? What kind of person might need their help? Do superheroes need help in return?



Talk

Expressive Arts and Design

Make your own superhero costume:



I wonder what your superhero would wear? Can you design and make your own superhero costume? Perhaps your superhero might need a cape or mask to keep their identity secret? Or a special gadget like web shooters?

Have fun cutting, sticking, painting and designing your own superhero costume.

Make



We hope you are all still safe and well. Here are some more suggested ideas for this week - pick and choose those you feel your child will enjoy - no pressure! Please do contact us if you have any questions or feedback. We also love to receive pictures of your child's work so please email them to us.